

04. Health procedures

04.05 Oral health

St Paul's Pre-school provides care for children and supports health through promoting oral health and hygiene, encouraging healthy eating, healthy snacks and tooth brushing.

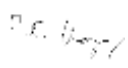
- Fresh drinking water is available at all times and easily accessible.
- Sugary drinks are not served.
- Only water and milk are served with morning and afternoon snacks.
- Children are offered healthy nutritious snacks with no added sugar.
- Parents are discouraged from sending in confectionery as a snack or treat.
- Staff follow the Infant & Toddler Forum's Ten Steps for Healthy Toddlers.

Pacifiers/dummies

- Parents are *advised* to stop using dummies/pacifiers once their child is 12 months old.

Further guidance

Infant & Toddler Forum: Ten Steps for Healthy Toddlers www.infantandtoddlerforum.org/toddlers-to-preschool/healthy-eating/ten-steps-for-healthy-toddlers/

This policy was adopted by	St Paul's Pre-school
In	November 2022
Date to be reviewed	November 2023
Signed on behalf of the Management Committee	
Name of signatory	Marie-Claire Kaziewicz
Role of signatory (e.g. chair, director or owner)	Chair