# 04 Health policy

Alongside associated procedures in 04.01-04.05 Health, this policy was adopted by St Paul's Pre-school in June 2022.

#### Aim

St Paul's Pre-school is a suitable, clean, and safe place for children to be cared for, where they can grow and learn. The setting meets all statutory requirements for promoting health and hygiene and fulfil the criteria for meeting the relevant Early Years Foundation Stage Safeguarding and Welfare requirements.

## **Objectives**

We promote health through:

- ensuring emergency and first aid treatment is given where necessary
- ensuring that medicine necessary to maintain health is given correctly and in accordance with legal requirements
- identifying allergies and preventing contact with the allergenic substance
- · identifying food ingredients that contain recognised allergens and displaying this information for parents
- promoting health through taking necessary steps to prevent the spread of infection and taking appropriate action when children are ill
- promoting healthy lifestyle choices through diet and exercise
- supporting parents right to choose complementary therapies
- recognising the benefits of baby and child massage, by parents or staff carrying out massage under conditions that maintain the personal safety of children
- pandemic flu planning or illness outbreak management as per DfE and World Health Organisation (WHO) guidance

### Legal references

Medicines Act (1968)

Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 2013 (RIDDOR)

Control of Substances Hazardous to Health (COSHH) Regulations (2002)

Health and Safety (First Aid) Regulations 1981

Food Information Regulations 2014

#### **Further guidance**

Accident Record (Early Years Alliance 2019)

Policies & Procedures for the EYFS 2021 (Early Years Alliance 2021)

This policy was adopted by	St Paul's Pre-school
In	November 2022
Date to be reviewed	November 2023
Signed on behalf of the Management Committee	T.C. Way
Name of signatory	Marie-Claire Kaziewicz
Role of signatory (e.g. chair, director or owner)	Chair